



DEPARTMENT OF THE NAVY

NAVY REGION NORTHWEST
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SILVERDALE, WASHINGTON 98315-1100

COMNAVREGNWINST 1020.1B

N002

7 Apr 11

COMNAVREG NW INSTRUCTION 1020.1B

From: Commander, Navy Region Northwest

Subj: UNIFORM POLICY AND REGULATIONS

Ref: (a) NAVPERS 15665
(b) NAVFACINST 1020.1
(c) OPNAVINST 5530.14
(d) Marine Corps Order P1020.34
(e) NAVADMIN 118/10
(f) OPNAVINST 5100.12H
(g) NAVADMIN 025/11

Encl: (1) Seasonal Chart - Basic Navy Uniforms
(2) Summer/Winter Uniform Shift Dates for Commander, Navy Region Northwest
(3) Guidance for Military Attire
(4) Guidance for Civilian Attire
(5) Guidance for Commuting in Uniform

1. Purpose. To prescribe and publish Navy uniform policy and regulations for Navy personnel in the Commander, Navy Region Northwest (COMNAVREG NW) Area of Responsibility (AOR) per references (a) through (g). This instruction is a general regulation. Violation is punishable under Article 92, Uniform Code of Military Justice (UCMJ). This instruction has been completely revised and should be reviewed in its entirety.

2. Cancellation. COMNAVREGNWINST 1020.1A

3. Background. Reference (a) is the basic directive governing wearing uniforms and civilian attire by Navy personnel. COMNAVREG NW, as Regional Area Coordinator, is assigned responsibility for controlling uniforms and the appearance of naval personnel within the states of Alaska, Idaho, Montana, Oregon, Washington, and Wyoming; this includes prescribing uniforms for the season, day, or special occasions that provide the greatest uniformity of appearance.

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4. Information

a. Enclosure (1) provides a seasonal chart of Navy uniforms for summer and winter within the COMNAVREG NW AOR.

b. Enclosure (2) provides dates for seasonal uniform shifts for zones within the COMNAVREG NW AOR.

c. Enclosures (3) and (4) provide guidance in defining proper wear of military uniforms and civilian attire for military personnel within the COMNAVREG NW AOR.

d. Enclosure (5) provides guidance for wearing working uniforms while commuting to and from work.

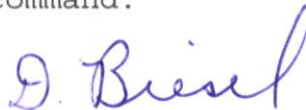
e. The Senior Naval Officer assigned to a joint command within the AOR may prescribe the appropriate uniform for attached naval personnel using the Table of Service Equivalent Uniforms table 6-6-1 of reference (a).

f. Per reference (a), enclosure (1) provides appropriate guidance for headgear, outerwear, footwear, and accessories for uniforms.

g. Marine Corps personnel will wear appropriate uniforms per reference (d) and local directives.

5. General Regulations. Per reference (a) and in this directive, military personnel within the COMNAVREG NW AOR shall be in the authorized uniform or appropriate civilian attire and neatly groomed. Retirees and dependents, when on board a military installation, shall present a socially acceptable appearance.

6. Action. Commanders, Commanding Officers, and Officers in Charge will ensure compliance within uniform regulations and grooming standards per reference (a) and this directive. Pride in appearance is a mark of responsibility and a prime indicator of morale and discipline in a command.



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Copy to:
Deputy Chief of Naval Operations (N1314)

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Distribution:

Electronic via COMNAVREG NW Gateway and CNIC-COMNAVREG NW Public website

<https://g2.cnic.navy.mil/tscnrnw/N00/TeamSite/WPPL/CNRNWDirectives.aspx>

<https://www.cnic.navy.mil/cnrnw/Programs/CommandandStaff/Administration/AdministrationOfficeInstructionsSystem/CNRNWDocuments/index.htm>

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SEASONAL CHART - BASIC NAVY UNIFORMSDEFINITIONS

P = Prescribed Uniform	Prescribed for purpose of uniformity.
A = Alternate Uniform	Authorized in lieu of the prescribed uniform.
O = Optional Uniform	A uniform which is authorized but cannot be prescribed because it is not required by all personnel.
X = Working Uniform	Prescribed by competent authority for personnel engaged in work or activity significantly different from the general activities of personnel covered by the Prescribed or Alternate above.

AUTHORIZED UNIFORMSUNIFORM OF THE DAY

<u>Officers and Chief Petty Officers (CPOs)</u>	<u>Summer</u>	<u>Winter</u>	<u>Notes</u>
Service Dress Blue	A	A	7
Service Dress White	A		7
Summer White	A		8
Service Khaki	P	P	1
 <u>Enlisted E1-E6</u>			
Service Dress Blue	A	A	
Service Dress White	A		
Service Uniform	P	P	9

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WORKING UNIFORMS

<u>Officers and CPOs</u>	<u>Summer</u>	<u>Winter</u>	<u>Notes</u>
Camouflage Utility Uniform (CUU)	X	X	2
Coveralls	0	0	3
Navy Working Uniform (NWU):			10
<u>Enlisted E1-E6</u>	<u>Summer</u>	<u>Winter</u>	<u>Notes</u>
CUU	X	X	2
Coveralls	0	0	3
NWU	X	X	10

Physical Training (PT) Uniform

PT Shirt (long or short sleeve)	X	X	11
PT Shorts	X	X	11
PT Sweatshirt (w/Navy Logo)	X	X	12
PT Sweatpants (w/Navy Logo)	X	X	12

EVENING OFFICIAL (PROTOCOL) AND SOCIAL OCCASIONS

<u>Male and Female Officers</u> <u>(04 and above)</u>	<u>Summer</u>	<u>Winter</u>	<u>Notes</u>
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Formal Dress (black tie) (male only)	P/O	P/O	4
Dinner Dress Blue Jacket (black tie)	A	P	
Dinner Dress White Jacket (black tie)	P		

Male and Female Officers (03 and below)

Formal Dress (black tie)	O		4
Dinner Dress Blue Jacket		O	5
Dinner Dress White Jacket	O		5
Dinner Dress Blue		P	5
Dinner Dress White	P		5

Male and Female Enlisted

Dinner Dress Blue Jacket		O	5
Dinner Dress White Jacket	O		5
Dinner Dress Blue		P	6
Dinner Dress White	P		6

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FORMAL MILITARY CEREMONIES

Officers and CPOs	Summer	Winter	Notes
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Participants

Full Dress Blue	A	P	
Officers and CPOs	Summer	Winter	Notes

Full Dress White	P		
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Non-participants/guest

Service Dress Blue		P	7
Service Dress White	P		7
Summer White	A		8

Enlisted E1-E6	Summer	Winter	Notes
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Participants

Full Dress Blue		P	
Full Dress White	P		

Non-participants/guests

Service Dress Blue		P	7
Service Dress White	P		7
Summer White	A		8

NOTES

1. Worn in summer/winter for office work, watchstanding, liberty, or business ashore when prescribed as uniform of the day.
2. Limited to those authorized by references (c).
3. The coverall uniform is designed to be an underway uniform of the day. When worn in port, it is subject to restrictions per enclosure (3).
4. Required for Captains, Flag Officers, and other Officers assigned to duty where required by protocol; otherwise, optional for all Officers.

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5. Dinner Dress Blue/White Jacket not required for Lieutenant and below (including enlisted), but may be purchased by all hands and worn at the individual's option. Dinner Dress Blue/White may be required in lieu of Formal and Dinner Dress Jacket uniforms.
6. Jumper style uniforms may be worn with miniature or large medals to form Dinner Dress Blue/White or Full Dress Blue/White.
7. May be prescribed for wear year-round to all official functions when Dinner Dress or Full Dress uniforms are not prescribed and civilian equivalent dress is coat and tie. Additional uniform items authorized for female Officers/CPOs/E1-E6: Slacks belted and unbelted.
8. At command discretion, Summer White is authorized as an alternate uniform to accommodate weather and location considerations.
9. The Service Uniform (SU) is intended for year-round wear and is authorized to be worn for office work, watchstanding, liberty, or business ashore when prescribed as the uniform of the day.
10. NWU replaced Working Utilities, Tropical Working uniforms, Wash Khakis, Winter Working Blue, Aviation Working Green and non-tactical/environment usage of CUU.
11. The only authorized exception to mandatory wear for group PT is during CPO induction season as authorized by the Master Chief Petty Officer of the Navy.
12. The Navy blue sweat pants and shirt, with or without hood, displaying the Navy logo, (like the uniform issued in basic training) is currently the only winter option for unit/group physical training.

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Summer/Winter Uniform Shift Dates for COMNAVREG NW States

1. Due to the large geographic area of Region Northwest, two zones have been established for the summer and winter uniform shifts. The zones are defined as follows:

a. Zone 1: Includes the states of Idaho, Montana, Oregon, Washington, and Wyoming.

b. Zone 2: The state of Alaska.

2. Summer uniform shift. Uniform shift will take effect as follows:

a. Zone 1: Will change into the summer uniform at time 0001 the Friday before Memorial Day weekend.

b. Zone 2: Will change into the summer uniform at time 0001 the Friday before Memorial Day weekend with a transition period to the last Monday in the month of June.

3. Winter uniform shift. Uniform shift will take effect as follows:

a. Zone 1: Will change into the winter uniform at time 0001 the Tuesday after Labor Day weekend.

b. Zone 2: Will change into the winter uniform at time 0001 the Tuesday after Labor Day weekend

Note: See enclosure (1) for identification of primary, alternate, and optional uniforms for each season.

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GUIDANCE FOR MILITARY ATTIRE

1. General Regulations for Wearing Uniforms

a. The uniform of the day will be worn when personnel are not required to be in a working uniform. The uniform of the day is prescribed for administrative offices, watchstanding, liberty, and normal conduct of business ashore. Whenever possible, personnel will be in the same uniform for purposes of consistency in appearance. Amplifying guidance to this policy can be found in enclosure (1).

b. Service Dress uniforms, as appropriate for the season, are to be worn at all official functions where Formal Dress or Full Dress uniforms are not prescribed and the civilian equivalent is coat and tie. At command discretion, Summer Whites are authorized as an alternate uniform to accommodate weather and location considerations.

c. Female personnel are authorized to wear slacks, belted or unbelted. Reference (a) specifies proper component match and maternity uniform guidance.

d. Naval aviators, pilots, flight officers, undergraduate pilots, Naval Flight Officers (NFOs), flight surgeons, Aerospace Experimental Psychologists, and Aerospace Psychologists may wear leather flight jackets with Service Khaki uniform, and flight suits. Additionally, enlisted aircrewmembers in flight status are authorized to be issued, and wear, leather flight jackets after completing qualifications and receiving aircrew wings. Eligible E7-E9 enlisted aircrewmembers are authorized to wear leather jackets with Service Khaki and flight suits. Eligible E6 and below enlisted aircrewmembers are authorized to wear leather flight jackets with and flight suits. The flight jacket will be worn in the same manner and fashion as prescribed for black jacket and working jacket.

e. Service Uniform (SU)

(1) SU is intended for year-round wear and is authorized to be worn for office work, watchstanding, liberty or business ashore when prescribed as the uniform of the day.

Enclosure (3)

(2) Manner of wear:

(a) Male khaki shirts will be worn tucked into the trousers and must be long enough to tuck into the trousers without pulling out when reaching upward or bending at, or below, the waist. All buttons will be fastened. Ribbons, warfare devices, identification (ID) badges, t-shirts and nametags shall be worn in the same manner as the Summer White uniforms.

(b) Female over-blouses will be worn outside the slacks or skirt and must hang comfortably over the hips and chest without pulling open. The length will be long enough to fall one inch above the bottom of the side pocket opening. All buttons will be fastened. All ribbons, warfare devices, ID badges and nametags will be worn as prescribed for the Summer White uniform. Placement of ribbons will be six and one quarter inches down from the intersection of the front seam and shoulder seam and centered over the front seam. Nametags will be placed in the same manner on the right side of the over-blouse.

(c) Male trousers must fit comfortably with side pockets and center front closures lying flat. Trousers shall hang approximately one to two inches above the floor at the back of the shoe. Trousers should be tailored to include a two-inch hem to provide material for adjustment.

(d) Female slacks must fit comfortably with side pockets and center front closures lying flat. Slacks will hang approximately one to two inches above the floor at the back of the shoe. Slacks should be tailored to include a two-inch hem to provide material for adjustment.

(e) Female skirts should fit comfortably without pulling open the side pockets and center back closure. Length may range from one and a half inches above to one and a half below the crease behind the knee. The zipper is centered in the back.

(f) Garrison caps are worn squarely on the head, with fore and aft crease centered vertically between the eyebrows and the lowest point approximately one inch above the eyebrows. Service Garrison Cap Occasion For Wear: the E1-E6

black garrison cap is authorized for optional wear with the navy flight suit by E1-E6 personnel who are authorized to wear the flight suit. The Service khaki garrison cap is authorized for optional wear with the Navy Flight Suit by Officer and Chief Petty Officer personnel authorized to wear the flight suit.

(g) Belts are worn so that the belt clip end touches the left side of the buckle. Align the right side of the buckle with the opening of the shirt and opening of the fly, forming a straight line.

(h) The black, Eisenhower-style jacket must fit comfortably over the shoulders and chest allowing free use of arms without discomfort. When worn, the jacket should be zipped at least three-quarters of the length of its opening. Patches and nametags are not authorized for wear on the jacket. Female blouses should not show below the Eisenhower-style jacket.

(i) Collar insignia will be centered at a point one inch from the front and lower edges of the collar. Position the vertical axis of the insignia along an imaginary line bisecting the angle of the collar point.

(j) Epaulet insignia (for the black jacket) is worn by E4 and above. The metal rank/rate insignia on each epaulet will be centered from side to side with the bottom edge of the device approximately three-quarters of an inch from the squared end of the epaulet.

(k) Garrison cap insignia is worn by E4 and above. The metal cap device is worn on the left side of the garrison cap. The center of the device will be one and one-half inches from the bottom of the cap and two inches from the forward edge of the cap.

(l) Service Khaki Maternity Blouse: E1-E6 females are authorized to wear the Khaki Maternity Blouse.

f. Reflective arm bands and waist bands are optional for wear ashore in the COMNAVREG NW AOR at Commanding Officers (CO) discretion to provide safe visibility. Arms bands will be worn on left sleeve.

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g. Organizational Clothing

(1) Organizational clothing is defined as any clothing issued to an individual by a naval activity on a loan basis. Organizational clothing is authorized for wear with working uniforms only during the actual performance of duties for which the organizational clothing is designed per reference (a). Organizational clothing is not authorized for wear outside of the fenced area of flight lines and immediate pier area or controlled pier area. Exceptions by CO's are permitted in the case of organized working parties, such as line handlers, loading stores, tree planting details, aircraft repairs, and disaster assistance. It should be noted, the CO's authority to permit wearing organizational clothing begins with the start of a particular job and ends with job completion.

(2) Flight Suits. Flight suits may be worn by aircrew members and individuals engaged in flight or flight-related duties during that working day. This authorization does not include ground support, non-aircrew maintenance, or non-aircrew support personnel. Flight suits may be worn to/from home and work, to include brief and appropriate stops per enclosure (4); on military transport aircraft; and to official business meetings away from home station when wearing a flight suit is appropriate for transportation, or for the level of meeting (i.e., working meeting). Allowances for flight clothing and flight deck clothing are established by Commander, Naval Air Systems Command (COMNAVAIRSYSCOM), and published in COMNAVAIRSYSCOM Allowance Lists. Flight suits shall be clean and well kept. Sleeves will be worn full length with hook and pile (velcro) sleeve cuffs closed, or with a maximum of two outward rolls when not engaged in flight operations. All zippers will be closed and foreign object damage flaps will be closed on pen pockets.

(a) Flight suit manner of wear starting 1 October 2011. Standardized wear of flight suits will be in the manner prescribed as follows:

(1) Continental United States (CONUS): Only green flight suits will be worn in CONUS. Green flight suits will be worn with black undershirts.

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(2) Outside the Continental United States (OCONUS): Tan flight suits will be worn OCONUS as determined by the Navy component commander. Tan flight suits will be worn with brown undershirts.

(3) The graduate level aircrew training patch shall be worn on the right shoulder only.

(4) Garrison caps are to be stored in either leg pocket without the pocket being zipped. Exposure of the garrison cap when stored in the leg pocket is authorized.

(5) The only exception to this policy is the flight suit and components worn by the U.S. Navy's flight demonstration squadron (Blue Angels).

(3) Flight Suit Footwear. Flight suits are to be worn with standard issue black leather flight boots or flight approved black, brown, or tan boots with matching laces. Brown boots may be worn by E7 and above in flight suits. Flight boots are to be clean, well-shined, and in good repair. Boots must be laced from inside out through all eyelets, and tied. Socks will be 100 percent cotton, 100 percent wool, or special use socks as approved by COMNAVAIRSYSCOM. Socks must be sage green or white with no visible stripes or logos. This footwear is only authorized in flight suits as indicated in paragraph 6803 of reference (a).

(4) Flight Jackets. Sage green (CWU-45/36) or Multi Climate Protection System (MCPS) Gore-Tex or fleece jackets may be worn with flight suits, but are not authorized for wear off-base. Sage green and MCPS jackets are not authorized with any service uniform (with ribbons). Jackets will be worn with the zipper zipped at least three quarters of the way. Jackets will be maintained in a clean and serviceable condition. If torn, stained, or frayed beyond reasonable repair, it should be exchanged for a new jacket.

h. Desert Battle Dress Uniform (BDU). Personnel deploying to a location where desert BDU is the uniform of the day may have a two-week break in period at the CO's discretion. Desert BDU is also authorized for special events such as an Individual Augmentee (IA) appreciation event.

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- i. Working uniforms are authorized for wear at all times

except during installation church services, movies, and in base clubs after 1800. Military members attending these activities will be in prescribed uniform of the day or appropriate civilian attire.

j. The Navy blue coverall uniform is designed to be the principal underway uniform of the day. When worn in port, it is subject to the following restrictions.

(1) Navy blue coverall. The Navy blue coverall occasion for wear shall be limited to an underway uniform (i.e. from stationing and securing the sea and anchor detail/maneuvering watch when leaving and entering port respectively).

(2) COs can authorize the wear of navy blue coveralls ashore in environments that place an excessive amount of wear on working uniforms. Per reference (a), this policy does not alleviate the command's responsibility to procure coveralls for work in areas that are likely to permanently soil or prematurely destroy the uniform.

k. All military clothing items will be clearly and legibly marked to confirm ownership as prescribed in Chapters 7 and 8 of reference (a). Uniforms that are torn, frayed, ripped, excessively dirty, or mutilated will not be worn, and should be discarded.

1. Navy and command ball cap. Navy and command ball caps are authorized for wear with the following uniforms only: Physical training uniform, coveralls, and flight suit. Ball caps are not authorized for wear with the Navy Working Uniform (NWU)/Camouflage Utility Uniform (CUU) with the following exceptions:

(1) When underway onboard U.S. Navy vessels, ball caps may be authorized for wear with the NWU/CUU only by bridge watch teams and command training teams at the discretion of the Commanding Officer.

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(2) Ashore, ball caps may be worn with the NWU and CUU by Command Training Teams during field exercises held in restricted areas to provide visual identification of supervisors, controllers and safety observers. This policy modification is allowed during the prescribed window of training/evolution. Wearing of ball caps is not authorized during transit to and from exercise events, or in the vicinity of the command area.

Note: Hard hats are not part of the Navy uniform, but may be prescribed by Commanders and COs for safety wear in hazardous areas, (i.e., shipyards, IMF, suspended load areas, etc). Hard hats will be replaced by the prescribed cover for the uniform worn when departing these areas.

m. Motorcycle Safety Equipment and Required Personal Protective Equipment

(1) All motorcycles operating on Department of the Navy (DON) installations will have all original safety equipment as designed by the manufacturer.

(2) Motorcycle Rider Protection. All active duty military riders and passengers, on/off base, and all riders and passengers on any DON installation shall comply with the following personal protection while riding motorcycles.

(a) Head Protection. A helmet meeting Department of Transportation, Snell Memorial Foundation certification or Host Nation Certification shall be worn and properly fastened under the chin. Artificial or novelty helmets are prohibited.

(b) Eye Protection. Protective eye devices designed for motorcycle operators, such as impact or shatter-resistant safety glasses; goggles; wrap around glasses sealing the eye; or face shields properly attached to the helmet shall be properly worn. A windshield or standard sunglasses or standard eyewear alone are not proper eye protection.

(c) Foot Protection. Sturdy, over-the-ankle footwear that affords protection for the feet and ankles shall be worn.

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(d) Protective Clothing. Riders and passengers shall wear a long-sleeved shirt or jacket, long trousers, and

full-fingered gloves or mittens designed for use on a motorcycle. Motorcycle jackets constructed of abrasion resistant materials such as leather, Kevlar, and/or cordura and containing impact-absorbing padding are highly recommended. To enhance the ability of other vehicle operators to see and avoid motorcyclists, outer garments constructed of brightly colored and reflective materials are highly recommended during daylight hours. Reflective outer garments or vest must be worn during nighttime hours.

n. Navy Knit Watch Caps. When authorized by the Base CO (or Navy Operational Support Center (NOSC) CO if NOSC is not located on a Navy Base), the Navy Knit Watch Cap may be worn during cold weather conditions on military reservations and during direct transits between home and military reservations, including when utilizing public transportation. Military reservations include exchanges, commissaries and other military facilities outside of the installation fence line. For wear ashore in the COMNAVREG NW AOR, the Navy Knit Watch Cap is only allowed with appropriate authorized working uniforms. Under no circumstance is the Navy Knit Watch Cap allowed for public wear outside of a direct transit between military reservations and/or home. For example, when making an authorized intermediate stop off of a military reservation in a working uniform, the Navy Knit Watch Cap is not allowed as a substitute for any other approved working uniform cover. Manner of wear: The Knit Watch Cap will be worn diagonally from the base of the back of the neck, across the ears, and on the forehead. Rank/rate insignia is not authorized to be worn on the Knit Watch Cap.

o. Service Dress Blue is authorized year-round for travel and for social occasions where the appropriate civilian attire is coat and tie.

p. Unit identification marks will be worn by male and female enlisted personnel E-6 and below on jumper style uniforms; white and short-sleeved shirts.

q. Uniform Policy for Periods of Travel

(1) When traveling in uniform on leave, Temporary Additional Duty, transfer, etc., the Service Dress Blue uniform may be worn during any season of the year.

(2) If traveling within a geographic area, either the uniform of the day of the area or Service Dress Blue will be worn as a travel uniform.

(3) If traveling between geographic areas, either the uniform of the day as prescribed for the destination or Service Dress Blue shall be worn as the travel uniform for the entire trip.

r. Jackets and windbreakers will be worn zipped at least three quarters of the way up the front of the jacket. Collar button must be buttoned back when not in use.

s. Overcoat (blue) shall be worn with all buttons buttoned, with the exception of the collar button. Collar button may be buttoned in inclement weather.

t. All-weather coats are worn with all buttons buttoned, with exception of the collar button. The collar button may be buttoned in inclement weather.

u. CUU may be prescribed by those activities designated per reference (a). The CUU shirt is to be worn outside the waistband of the utility trousers. During the summer uniform period only, sleeves may be rolled up with the inside out, forming a roll approximately three inches wide, and terminating at a point approximately two inches above the elbow.

v. Military Smartness. Smoking, eating, and/or drinking beverages by personnel in uniform while transiting as a pedestrian is prohibited with the following exceptions: eating, and/or drinking beverages are permitted in the immediate vicinity of vending machine stands. Smoking is authorized only in authorized smoking area.

(1) Use of portable communication devices. Communication devices (e.g. cell phones, blackberries, pagers, etc.) are authorized for use and wear while in uniform (to include walking) in the manner prescribed as follows:

(a) Communication devices shall be conservative in color and design and shall not distract from the appearance of the uniform.

(b) Only one communication device is authorized for wear and can only be worn on the belt of working and service uniforms. Aft of the elbow.

(c) Wearing of communication devices on service dress uniforms is not authorized.

(d) Communication devices will not be visible from the front and worn in such a manner as to impede the normal wear and appearance of the uniform (e.g. sagging, bunching, bulging, protruding etc.).

(e) Whenever there is a concern for operational security, the authorized use of communication devices shall be at the Commanding Officer's discretion.

(f) The use of portable communication devices shall not interfere with the rendering of military courtesies and honors nor violate local, state and federal laws.

(g) When not being worn on the uniform and in use, communication devices will be placed at the side of the leg and in the appropriate hand when rendering salutes, greetings and other military courtesies/honors.

(h) The use of an earpiece, blue tooth technology, headsets or hands-free device while in uniform indoors or outdoors is prohibited unless specifically authorized for the execution of official duties (e.g. NSW, security personnel, detailers, etc.).

(i) The use of blue tooth technology, headsets and other hands-free devices are only allowed in uniform in a vehicle when authorized by local, state and federal law. Regional commanders may further restrict on base use of hands-free devices.

(j) Cell phones usage is not authorized while transiting crosswalks or in a situation that would cause an unsafe practice.

(k) No walking and texting while in uniform.

(3) Civilian Bags. Computer bags/briefcases gym bags, backpacks, and garment bags are examples of civilian bags and do not include women's handbags/purses. They may be worn with the working and service uniforms as prescribed in the manner below:

(a) Computer bag/briefcase and backpacks may be worn over either the left shoulder or both shoulders while wearing service and working uniforms. Authorized colors of backpacks include black, navy blue, and when available the matching NWU pattern (blue/grey/black). The matching NWU pattern backpack is only authorized for wear with the NWU. No personal ornamentation shall be attached on or to the backpack.

(b) While in dress uniform, civilian bags will be hand carried only.

w. Physical Training Uniform (PTU). Manner-of-wear of the PTU is designed primarily for group/unit Physical Training (PT) activities and the semi-annual Physical Fitness Assessment (PFA); however, it can be worn both on and off base for fitness and/or leisure, unless determined otherwise by Regional Coordinators or COs.

(1) In port, and when performing command-directed group/unit physical training activities, semi-annual PFA (to include body composition assessment and physical readiness test), the PTU shirt will be tucked into shorts. Shorts will be worn fully on the waist. Length of the shorts will not extend below the top of the knee. Running shoes will be comfortable and support planned exercise. Athletic socks must be worn and shall not extend above mid-calf. Low cut socks are permitted.

(2) Pregnant Sailors will wear the shirt untucked and will discontinue wearing the PTU when it becomes too tight.

(3) Female Sailors will wear a sport or dress brassiere when wearing the PTU.

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(4) At sea, wearing the PTU will be at the discretion of the CO. Requirements for female Sailors remain as stated, whether wearing the PTU or other personal fitness attire.

(5) During individual PT, shirts may be worn tucked in or out of shorts. All other requirements are the same as in port.

(6) While on liberty, components of the PTU are authorized to wear individually or collectively. The PTU will not be worn while in a duty status or when conducting official business on base (e.g., Personnel Support Detachments, medical treatment facilities, galleys, legal, etc).

(a) The PTU is not authorized to be worn in lieu of the working, service, or dress uniform while in a limited or light duty status.

(b) Optional components are provided for additional comfort and support. Long-sleeved PTU shirts and/or knit watch caps are authorized when weather conditions warrant. Compression shorts/modesty liners are authorized but must not be visible while standing and will be either black or navy blue in color. Sweats with the Navy logo, as in the type issued at Recruit Training Command, is the authorized outer gear for cold weather.

x. Navy Working Uniform (NWU)

(1) As of January 2011 all units will wear the primary working uniform. Navy coveralls will remain authorized for shipboard wear. Only those situations that require organizational clothing due to safety or excessive wear shall be authorized for organization clothing issue and wear.

(2) The NWU uniforms will be worn as the working uniform for operational forces, operational support forces and those ashore organizations requiring the use of CUU/NWU in the performance of their operational duties or involved in work that would unduly soil the prescribed uniform of the day, as determined by the Commander/CO per reference (i).

(3) Routine short-term stops while transiting between work and place of residence via privately owned vehicle or

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public transportation in the NWU/CUU are authorized. Examples of short-term stops include:

- (a) Drop off/pick up for child care
- (b) Dry cleaners
- (c) Gas stations
- (d) Banks
- (e) Convenience stores

(4) Shopping at non-military installation retail store outlets or malls or attending off-base entertainment venues are considered extended stops and are therefore not authorized in the NWU/CUU. Wearing the NWU/CUU is generally not authorized at formal off-base official navy or government functions, for example:

- (a) Sailor of the Year events
- (b) Navy League functions
- (c) Award banquets

(5) Off base working parties, including community relations projects, may be authorized by Commanders to wear the NWU/CUU.

(6) The NWU/CUU is not authorized for wear at off base personal appointments, such as:

- (a) Court
- (b) DMV
- (c) Civilian medical visits
- (d) Off-base education

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(7) During the prescribed workday outside the normal commute route, routine short-term stops and off-installation dining in the NWU/CUU are authorized.

(a) Command unit patches are authorized on the right breast pocket. Each command may authorize only one command selected patch, the patch will remain consistent and uniform for all assigned, and it will not exceed three to three and one-half inches in length/width/diameter. The patch should be conservative in nature and not detract from the appearance of the uniform. If assigned by the command, the patch will be worn by all hands within the unit.

(b) The nine-inch, rough-side-out leather safety boot that is authorized ashore is not a care-free boot. This boot must be properly maintained with an appropriate brush to maintain the proper appearance of the boot and reduce the matting of the leather material.

(c) Wearers of the NWU are authorized to remove the shirt in a work space. Removal of this shirt is not authorized at any access points to a COMNAVREG NW installation. Shirts will remain donned on all gates.

(8) The Chief of Naval Operations approved a matching NWU pattern gore-tex foul weather trouser for Sailors E1 through O10 and is authorized for wear as organizational clothing. The NWU gore-tex foul weather trouser is intended for wear with the NWU parka during inclement weather conditions or during the performance of duties requiring protective clothing as directed by the CO.

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GUIDANCE FOR CIVILIAN ATTIRE

1. The following guidance concerning the wearing of civilian attire has been established:

a. Officers and enlisted personnel are permitted to have civilian clothing aboard ship and at naval activities ashore. Such clothing may be worn while leaving or returning to ships or stations; while awaiting transportation after permission to leave the ship has been given; while on authorized leave of absence; liberty; or in any off-duty status on shore.

b. When civilian clothing is worn, naval personnel will ensure their dress and personal appearance is appropriate for the occasion and will not discredit the naval service. Civilian attire will be in good taste, clean, in good repair, and pressed. Profanity, pornography, avocation of drug usage or gang affiliation on clothing is not allowed. Clothing may not be sexually provocative, suggestive, or depict racial comments, vulgarities, or display offensive language. Current styles and fashions are authorized as long as they provide a respectable appearance. Undergarments will at no time be exposed. Tank top shirts, white undershirts (including "tie-dyed") worn as outer garments, cut-off shorts, and shower sandals are appropriate civilian attire only for occasions such as picnics, athletic events, PT, and other daytime activities of an extremely casual nature. When engaged in PT, a shirt will be worn at all times. The above items will not otherwise be worn within the confines of military installations and/or facilities.

c. It is unauthorized for men to wear earrings while in uniform. Additionally, earrings are not authorized in civilian attire when in duty status or while in/aboard any ship, craft, aircraft, or in any military vehicle or within any base or other place under military jurisdiction, or while participating in any organized military recreational activities. When considered appropriate by the prescribing authority under article 7201.2 of reference a, earrings may be prohibited while in foreign countries.

d. As an administrative measure, individual commands may suspend the privilege to wear civilian clothing to and from the command in cases of individuals who fail to wear civilian clothing as outlined in this instruction, or who fail to maintain proper and adequate uniforms.

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e. Only those articles of the military uniform which do not present a unique marking or a distinct naval appearance, such as shoes, socks, gloves, and underwear may be worn with civilian attire by military personnel. Peacoats with or without rating badges, bridgecoats, overcoats, sage green flight jackets, foul weather jackets, and other organizational clothing are not authorized for wear with civilian attire.

f. Dependents are granted access to military installations upon application by the sponsoring military member and are accorded the privilege of using facilities provided for service personnel. While onboard, family members are required to conform to the dress code outlined in this instruction. All personnel, whether active duty, family members or retirees, are required to comply with the civilian dress requirements established in this instruction while on board military installations. Those not meeting these standards may be denied access to the facilities.

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GUIDANCE FOR COMMUTING IN UNIFORM

1. The following guidance concerning commuting has been established:

a. General. With the exception of coveralls, personnel are authorized to wear working uniforms while commuting to and from work. Commuting is defined as direct route from place of residence to place of work by means of private vehicle to include all travel aboard Department of Defense-owned/controlled aircraft. Washington State is unique with the largest ferry system in the United States. As the ferry system is an integral part of our transportation around the Puget Sound, working uniforms are allowed aboard Washington State Ferries. Sailors are always to be mindful of presenting a professional appearance when in public. At no time shall a dirty or torn working uniform be in the public eye.

b. Authorized Brief Stops. Flight suits and CUU may also be worn for brief and appropriate stops off base during duty hours or while commuting to and from place of duty, such as:

- (1) When dropping off/picking up children from daycare centers or school.
- (2) Obtaining gas or other essential driving aids (wiper blades, snow chains, fluids, lights, etc.).
- (3) Picking up/dropping off dry cleaning.
- (4) Automatic teller machines.
- (5) Picking up vehicles at repair shops or gas stations.
- (6) At drive-through windows where exiting the vehicle is not required.
- (7) At a convenience store or drug store solely for purchase of emergency childcare or health products (milk, diapers, medicine, etc.).
- (8) Business conducted in financial institutions.

c. Unauthorized Stops. Sailors are prohibited from wearing the above working uniforms as a liberty uniform off base or during inappropriate circumstances such as:

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- (1) At restaurants, bars, lounges, etc.
- (2) When dealing with public officials (police, courthouse, attorneys).
- (3) While attending classes or activities, or conducting business at education facilities.
- (4) At commercial airports/bus stations for travel or entering pick-up/drop-off passengers.
- (5) At retail/rental stores, shopping malls, and shops.
- (6) At grocery stores/supermarkets.
- (7) At movie theaters, mini-golf, or other similar entertainment/recreational or sporting activities.

d. NWU/CUU are authorized short-term stops while transiting between work and place of residence via private vehicle or public transportation. Short-term stops include:

- (1) Drop off/pick up for child care.
- (2) Going to the dry cleaners.
- (3) Stopping at gas stations.
- (4) Entering banks and convenience stores.

e. Shopping at non-military installation retail store outlets or malls, or attending at entertainment at off base venues are considered extended stops and are therefore not authorized in the NWU/CUU.

f. Wearing NWU/CUU is generally not authorized at formal off base official Navy or government functions, for example:

- (1) Sailor of the Year events
- (2) Navy League functions
- (3) Award banquets

g. Off base working parties, including community relations projects may be authorized by Commanders to wear the NWU/CUU.

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h. Wear of the NWU/CUU is not authorized for off base appointments, such as:

- (1) Court
- (2) DMV
- (3) Civilian Medical Visits
- (4) Off-base education

i. Organizational Clothing. Wearing organizational clothing, except flight suits, brown leather flight jackets, and CUU, is not authorized while commuting.